

- What:** An adventure, an experience, a supportive fun environment for youth grieving the death of a loved one
- Who:** SandCastles Camp serves youth who are entering 2nd grade in September 2026, and at most have just graduated high school in 2026
- When:** Friday, August 14th to Sunday, August 16, 2026
- Where:** Camp Tamarack in Ortonville, Michigan
- Cost:** ***There is no charge for SandCastles Camp however donations are accepted and encouraged to help cover the \$1000 per camper cost.*** Additional donors are needed. **If your family is able, a suggested \$200 donation per camper is requested.** Donations of any amount are greatly appreciated and are tax deductible. Any donation you, or someone you know, can contribute above and beyond the suggested donation is truly appreciated. ***No child or teen is turned away because the family is unable to donate.***
- How:** Camp provides a safe place for children to share and process their grief. Campers are placed in groups by age/grade and participate in activities throughout the weekend including swimming, adventure challenge courses, games, and grief/memorial activities.

Important information:

- Campers are reviewed and accepted on a first come, first served basis with priority given to new SandCastles campers.
- Families will need to provide transportation for their camper(s) and be able to pick them up within 2 hours if needed.
- See Camper Checklist on page 2 to help determine if your child/teen is ready for camp.
- **Parents/Guardians and Campers** are required to attend a ***SandCastles Camp Orientation*** on either Wednesday, July 15th, 6:00 p.m. to 8:30 p.m. **or** Tuesday, July 28th, 6:00 p.m. to 8:30 p.m. at Henry Ford Health Corporate Offices, 1 Ford Place, Detroit.
- Start to collect the information that will be needed for your child's application:
 - Wallet sized photo of your child
 - Copy of insurance card
 - Immunization record
 - Guardianship papers, if applicable
 - Original containers for medicines including inhaler boxes with prescription labels, or a copy of the prescriptions will be needed at camp. Medication cannot be expired.
 - 4 x 6 Photo of the person(s) who died for our memorial wall (collected at pre-camp meeting)

Now what? Call us at 313-771-7005 or email us at SandCastles@hfhs.org for more information and to sign up.





Henry Ford SandCastles Camp 2026

Thinking about sending your child to Henry Ford SandCastles Camp?

Camp is powerful and rewarding, where traditional camp activities are paired with grief support groups and memorial activities. This unique and impactful experience provides hope and healing while building lifelong coping skills. We work with each family to ensure a successful experience for all our campers. Considering camp?

Campers:

- Have experienced the death of a loved one(s) in their life.
- Are entering second grade in September and at most, have just graduated high school.
- Are interested in attending a grief camp. Some reluctance is normal as it is new and different, but complete and absolute disagreement may not be the best fit. Please discuss with our staff if you feel there may be an issue. We are here to help.
- Are able to participate in a group format and interact with peers, staff and volunteers successfully.
- Are capable of working and functioning independently including personal care.
- Will follow the SandCastles group rules for safety.
- Are able to spend the weekend away from parent successfully and without significant difficulty since the death. Again, please consult our staff if needed.

If you have any questions, we are here to help support you and your grieving child.

Please give us a call at (313) 771-7005 for more information on camp or any of our programming.