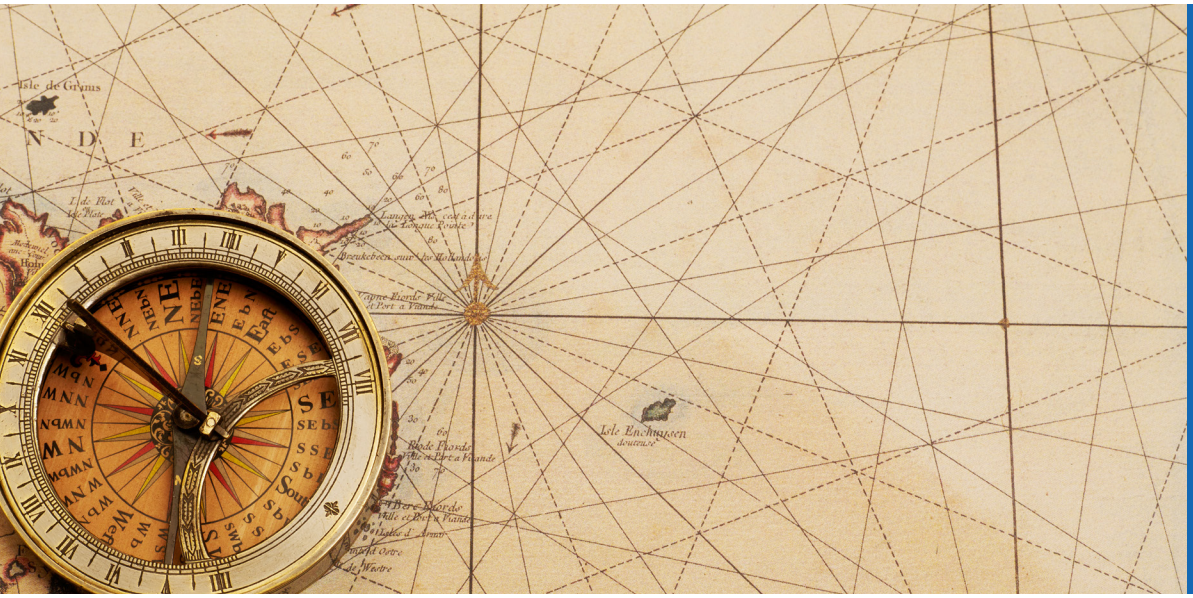
Henry Ford SandCastles

Navigators grief support series

HENRY FORD HEALTH℠



Equipping families with the information, tools, and resources to navigate the grief journey as a family.

Tuesdays, April 7th-June 2nd, 2026
6:15-8:15 p.m. in Allen Park, MI

Henry Ford SandCastles 8-week Navigators Program provides a space for families to join together in community with others on their grief journey to explore the rocky waters of grief and find a path towards healing.

Children and teens will spend time with peers utilizing art, play, and activities to help normalize their grief journey. While adults will meet separately to discuss the challenges of raising grieving children and receive support through educational presentations and discussion.

Regular attendance is required as it complements the bonding of group participants, and each session builds upon the last. Enrollment closes after week 2.

Call 313.771.7005 today to schedule your required intake and sign-up!

sandcastles@hfhs.org

AboutSandCastles.org

Henry Ford SandCastles

Grief support program for children and families

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